



PARENT COFFEE MORNINGS WITH DCOS

Open to all Parents and Carers in Tower Hamlets that have a child with a disability



A space for parents to share experiences, ideas and offer support as well ask questions and hear about topics that may be interest. Or just to come and have a cup of tea and take a well deserved break!

Coffee mornings are suitable for both English and Bengali speaking parents

Date & Time	Topic	Venue
Wed 28 th Jan 10am-12pm	<i>Understanding & Supporting your Child's Emotions</i>	Wapping & Bigland Children's Centre 15 Richard St., E1 2JP
Wed 25th Feb 10am-12pm	<i>Understanding Sensory Differences</i>	John Smith Family Hub 90 Stepney Way, E1 2EN
Wed 25th Mar 10am-12pm	<i>Understanding & Responding to Behaviours</i>	Wapping & Bigland Children's Centre 15 Richard St., E1 2JP
Wed 29th Apr 10am-12pm	<i>Transition to Adolescence</i>	John Smith Family Hub 90 Stepney Way, E1 2EN



Hot drinks and biscuits provided!

