



# PARENT COFFEE MORNINGS WITH DCOS

Open to all Parents and Carers in Tower Hamlets that have a child with a disability



*A space for parents to share experiences, ideas and offer support as well ask questions and hear about topics that may be interest. Or just to come and have a cup of tea and take a well deserved break!*

***Coffee mornings are suitable for both English and Bengali speaking parents***

Date & Time	Topic	Venue
Wed 28 <sup>th</sup> Jan 10am-12pm	<i>Understanding &amp; Supporting your Child's Emotions</i>	<b>Wapping &amp; Bigland Children's Centre</b> 15 Richard St., E1 2JP
Wed 25th Feb 10am-12pm	<i>Understanding Sensory Differences</i>	<b>John Smith Family Hub</b> 90 Stepney Way, E1 2EN
Wed 25th Mar 10am-12pm	<i>Understanding &amp; Responding to Behaviours</i>	<b>Wapping &amp; Bigland Children's Centre</b> 15 Richard St., E1 2JP
Wed 29th Apr 10am-12pm	<i>Transition to Adolescence</i>	<b>John Smith Family Hub</b> 90 Stepney Way, E1 2EN



**Hot drinks and biscuits provided!**

