

Issue 28 - Friday 25th April 2025

Newsletter

 @OldFordPrimary  www.olfordacademy.org

 <https://www.facebook.com/OldFordPrimaryAcademy>

PRINCIPAL'S MESSAGE

Have you seen our new **website**? It's had a real 'glow up' and we're very proud of it! Our aim is to make it a one stop shop for any information you require about school including newsletters, dates, dinner menus etc. If you have any suggestions or feedback, please let us know.

You can access it here:

<https://oldfordacademy.paradigmtrust.org/>

Welcome to Old Ford Primary Academy

Our school exists to fulfil a simple expectation. That every child is entitled to a good education, with equal access to knowledge, skills, opportunities, aspirations, life chances and dignity.



OLD FORD KITCHEN ACHIEVES 5 STAR FOOD HYGIENE RATING (AGAIN!)

Yesterday we received an unannounced visit from the Tower Hamlets Food Health and Safety inspector. The inspector looks at all aspects of food hygiene, preparation, serving and storage. Once again, we maintained our 5 star rating! Well done to Michelle and the kitchen team!



GOODBYE ISOBEL!

After 10 years of working at Old Ford Primary Academy Isobel will be leaving us next week. Isobel has mainly worked in KS1 in her time here and will have taught many of your children. I hope you will join us in thanking her for her work here and wishing her all the best for the future.

Frances Goodship, who has worked within Paradigm Trust for many years will be taking over as the class teacher for 2E.

SUMMER TERM CALENDAR

Monday 5th May	School closed for Bank Holiday
Monday 12th May	Y6 SATS week
Mon 12th - Fri 16th May	Mental Health Week
Friday 16th May	Dress in green for World Mental Health day
Friday 23rd May	Last day of half term
Monday 2nd June	First day of Summer 2nd half term
Friday 6th June	Provisional closure day for Eid
Thursday 24th July	LAST DAY OF SCHOOL



Full year term dates [here](#)

HARRY POTTER THEME DAY



THURSDAY 1ST MAY

Dumbledore's BBQ chicken Pizza

Professor Minerva's Margharita pizza

All served with Potatoes Wands & Magic Beans

Harry Potter Magical Salads available

Iced Fog Cake with Wizard Dusting

or Fresh Fruit

LUNCHTIME CO[®]



VE DAY

8th May

Sausage and mash

Cheese and potato pie

Buttered carrots and peas

Victoria sponge

Homemade lemonade

LUNCHTIME CO

ACADEMY COUNCIL

The minutes from all historic meetings are on our website [here](#)



Our next meeting is on
Tuesday 29th April at
9.15am

Come in person or join
online [here](#)

*Future meeting dates: 29th April, 10th
June*

Old Ford ~ Bow Festival

Free

Saturday 26 April • 1.00-5.00

Sunday 27 April • 12.00-5.00

The Ecology Pavilion, Mile End Park, Grove Rd, E3 5TW

[Between Roman Road & Haverfield Road]



Wright's Road, E3 Coronation Party, 1937. ©Ray Hopper

- OLD FORD HISTORY EXHIBITION ■ OLD FORD MUSEUM ■ MUSIC
- THE PEARLIES ■ ART WORKSHOPS FOR ALL AGES ■ GEEZERS' PUB
- GAMES ■ CARROM ■ ART EXHIBITION ■ LOCAL STALLS ■ TOMBOLA
- EAST END WI TEA STALL ■ AND MORE



FREE



**3:30-5:30 PM
TUESDAY**

**Starting 24th
September 2024**

TOWER

HAMLETS YOUTH

 **Sports Hall, Mulberry Stepney Green Maths,
Computing & Science College. E1 4SD.**

**No equipment needed, just turn up & play
Fully qualified cricket coaches**



SCAN ME

**Age
8-15 years old**

shakeel.ahmed@ckc.london 



TOWER HAMLETS CC



JUNIORS TRAINING

Every Thursday **5pm – 7pm** | starting on 17th April 2025

AGE 8-15

Sessions will take place in cricket nets and new cricket ground



SCAN TO REGISTER



JAINIL CHAVDA
07507734511



Victoria Park Cricket Nets
Victoria Park Road, E9 5DY

OLGA NIGHT OWLS/AFTERSCHOOL CLUB

This will not be running on the following dates. Please ensure that you have made alternative childcare arrangements.

**Friday 6th June
Monday 9th June
Friday 11th July
Thursday 24th July**



MOBILE PHONES AND E-SAFETY

As you know, an important part of our curriculum is teaching pupils about **esafety**.

We know that a lot of our pupils spend a lot of their time online, either through **online gaming** or on **social media apps**.

This can sometimes lead to contact with inappropriate people and/or exposure to inappropriate language.

We **strongly recommend** that you monitor your children's usage of the internet and that you are aware of what they are doing online.

Please see social media apps **age ratings** below.
More information from the National College [here](#)

3+



YouTube Kids



PopJam

13+



Twitch



YouTube



Twitter



Monkey



Pinterest



TikTok



Instagram



Kik



House Party

16+



WhatsApp



Messenger



Facebook



Snapchat



BeReal

More information on age ratings [here](#)

OLD FORD NEEDS YOU!

The Academy Council had a really good discussion recently about what more parents/carers could do to support the school and help out in things such as fairs and events. We are also looking at establishing a used uniform shop.

If you would like to be part of this and would like to work with others please contact the school via the usual info@oldfordacademy.org email address or leave your details at the office.

AFTERSCHOOL CLUB

The afterschool care club at OFPA no longer operates. We have made an arrangement with Olga Primary School who have agreed that we can use their club. Their club runs from 3.30pm - 6.00pm daily and children are given a hot meal.

Each day, an OFPA staff member will collect the children from Old Ford and walk them over to Olga (which is about 5 minutes walk away.) Parents/carers will then collect the children from there. More information about the Olga provision can be found here:

<https://www.olga.towerhamlets.sch.uk/info/breakfast-and-after-school-clubs/>

You can enrol your child through OFPA and we will pass your information on to Olga.



ARE YOU SIGNED UP TO OUR 'MY CHILD AT SCHOOL' APP?



All our important information goes out via the app so sign up today!

To sign up, go to

<https://www.mychildatschool.com/MCAS/MCSParentLogin>

and click on the 'Sign up' link, via the App or on a desktop/laptop.

**IF YOU NEED HELP SIGNING UP,
WE WILL BE HOLDING DROP IN
SESSIONS AT SCHOOL ON
WEDNESDAY, THURSDAY AND
FRIDAY AT 9.00AM**



BE WELL

HEALTH | WELLNESS | PLAY

FAMILY SEN SWIMMING SESSIONS

Open swimming sessions for children with additional needs and their families. Wheelchair accessible centre with accessible changing and facilities available.

Tiller Leisure Centre
Saturdays and Sundays
12:00-12.45 and 13:00-13.45

All children must be accompanied by an adult with a maximum of 2 children per adult. Suitable for children up to 16 years of age. Note these sessions are not instructor lead.



**Scan
to book**

be-well.org.uk

  @BeWell_TH
 @BeWellTowerHamlets



UNAUTHORISED ABSENCES IN TERM TIME

We follow government guidance on term time holidays (see [here](#)) and we **do not** authorise pupil holidays during term time. We encourage parents/carers to take their holidays during one of the scheduled holiday breaks.

You can be **fined** or face **legal action** for taking your child on holiday during term time.

NOTICES

CURRICULUM INFORMATION

Full information about how your child's year group is organised, staffing and what they will be learning this half term is available on our website [here](#)



COFFEE MORNING

Every Thursday, 9.00am with Shabina



PLEASE MAKE SURE YOU NAME YOUR CHILDREN'S CLOTHES

We have a very full lost property box already and nothing in there is named. Please take a couple of minutes with a pen and write your child's name on the label of their coat, school jumper and anything else that may get lost. As a parent, I know how annoying and expensive it is to have to replace lost items.



PARENTS/CARERS

Please do not use the pupil toilets before and after school!
These are for the children - not you!

PLAYGROUND BEFORE AND AFTER SCHOOL

Please remember that there are no staff on duty in the playgrounds before and after school so parents/carers should supervise their own children.

Children should not be playing with balls or on the climbing frames

PLEASE **DO NOT** PARK ON THE DOUBLE YELLOW OR ZIG-ZAG LINES WHEN YOU ARE COLLECTING OR DROPPING OFF YOUR CHILDREN.



TOWER
HAMLETS
PARKING
ENFORCEMENT
OFFICERS ARE
CONDUCTING
REGULAR
PATROLS IN THE
AREA

PLEASE DO
NOT PARK
NEAR OUR GATES



CHILD SAFETY COMES FIRST



MAYOR OF
TOWER HAMLETS



Cost of Living Help

A guide to the help and support available for Tower Hamlets residents during the cost of living crisis.

3rd Edition – updated
for 2024/25



Click [here](#) to access the full booklet



Anxious? Stressed? Feeling Low?

Talking Therapies is a **free** NHS service that offers a range of confidential support to help improve your mental health and wellbeing.

We offer a range of psychological support through:

- Psychoeducational workshops
- Group therapy
- 1:1 individual therapy

We can offer this via phone, video call or face-to-face.



<https://www.elft.nhs.uk/tower-hamlets-talking-therapies>

Tower Hamlets Talking Therapies
71 Johnson Street, London, E1 0AQ

Take the first step
and contact us today:
0208 175 1770



We care
We respect
We are inclusive

Supporting you, for a brighter future

Every family sometimes needs support to help their babies and children thrive. Family Hubs brings together local services and advice for children, young people and their families, including Start for Life services for 0-2-year-olds.

Click [here](#) for more information



IMPORTANT!!!!

Please make sure you clearly label ALL of your children's clothes with their name and class.

We have dozens of lost jumpers and coats that get left in the playground and lost because we don't know who they belong to!



Just get a pen
and write their
name and class
on the label
inside!



FRUIT AT BREAK TIMES

If you would like to provide your child with a **piece of fruit** to eat at break/play time, please do so!

Please note: **Only fresh fruit*** is allowed.

No fruit snacks, bars or anything else!

please give these to your child **before school and do not bring into the office! Our staff are very busy in the mornings!*

CAKE WITH KEVIN VALUES WINNERS!

Over the page...



THIS WEEK'S VALUES WINNERS



3I - Adam

Integrity - Adam is always doing the right thing and always trying his best. He truly does exemplify the values of our school.

RI - Emad

Emad - community - You were fantastic when we went to the farm. You listened and joined in. Emad behaved so well and he was so sensible when crossing the road. Well done Emad

5I - Aliyah

Congratulations Aliyah for working hard since the beginning of the year to improve your writing skills. I specially enjoyed your non-chronological report about the WWII evacuation. Keep up the good work!



Integrity

doing the right thing even when no one is watching

Community

working together; learning from, and supporting, others

Excellence

enabling everyone to achieve more through education

THIS WEEK'S VALUES WINNERS



1E - Jara

Jara, the teachers have noticed how hard you've been working in your maths lessons. Canan said you always put lots of effort into your maths work. Well done Jara, we are all very proud of you.



1I - Emran

For excellent underarm and overarm throwing techniques in P.E. Well done!

4I - Faiza

Excellence: Faiza has done very well in her assessments showing fantastic progress in science, reading and topic lessons.



THIS WEEK'S VALUES WINNERS



6I - Joshua

Well done - 6I superstar! You have blown me away with your efforts this term and hard work pays off! I have loved teaching you this year and wish you every success.



6I - Khadijah A

Thank you for always trying your best - being kind, polite, a great team player and generally trying your best! Aim high - you can do anything!

RC - Khady -

Khady from RC is getting a Community award for always helping her teachers and friends. Thank you!

2C - Maheda

Community - Maheda, you are such a kind, caring and positive girl who always tries to spread joy and happiness to others. Thank you for bringing so many smiles to everyone in 2C!



THIS WEEK'S VALUES WINNERS

1C - Mirha

I would like to nominate Mirha for an Integrity Award. She showed great honesty by doing the right thing and telling an adult when she saw someone damaging school property. Well done, Mirha, for making the right choice and helping to keep our school a safe and respectful place.

4E - Hasan

Hasan- You have worked very hard to improve your behaviour/attitude in the playground this week. It is great to see a much happier Hasan!

5C - Rahma

Well done on the progress you have made in your writing lessons this half-term. It is clear that you understand how to up-level your work using the literary features learnt. Keep up the good work. I am very proud of you!



THIS WEEK'S VALUES WINNERS



2E - Salah

Salah, You have tried really hard to fit in to your new school and in all your lessons. You have already improved so much! Well done, keep it up.



2I - Zaynah

Zaynah you are a joy in class, on the playground and even in assembly. You always give 100% in everything you do, even if the teacher is away. You are a role model for your peers. Keep shining superstar!



P.E. UNIFORM

Please make sure your child has black jogging bottoms or shorts and a black T-shirt.

Black T-shirts are available from the school office for £2.00



Scarves should be dark blue or black



PLEASE MAKE SURE YOU NAME YOUR CHILDREN'S CLOTHES

We have a very full lost property box already and nothing in there is named. Please take a couple of minutes with a pen and write your child's name on the label of their coat, school jumper and anything else that may get lost. As a parent, I know how annoying and expensive it is to have to replace lost items.



COLLECTING PUPILS AT THE END OF THE DAY

Please could you wait until all pupils are in their lines before speaking to the teacher and collecting your child.

We need to make sure that all of our pupils go home with the right adult!

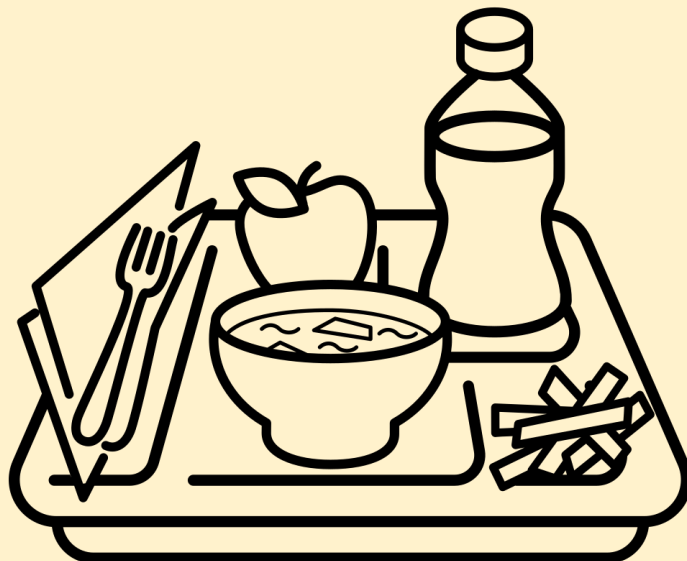
REMEMBER - SCHOOL STARTS AT...



DON'T BE LATE!

How are lunches organised at OFPA?

- All pupils play in their playground.
- A midday meals supervisor will come out to the playground and ring a bell. All the children stop and look.
- The midday meals supervisor will hold up a sign with the name of a class on it (e.g. 3E) and all the children line up and are walked in to the dinner hall.
- This is repeated for all classes.
- At the end, a sign is held up saying 'Last Call' This is an opportunity for any children who have missed their lunch to go in.



MENU FOR SUMMER 2025

(From April 2025)



LUNCHTIME CO[®]

WEEK 1 MENU

WEEKS: 21/04, 12/05, 09/06, 30/06, 21/07, 01/09, 22/09, 13/10

Old Ford Primary
A Parodiann Academy



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL

Margaritta Whole meal Pizza Served with Baked Potato Wedges, Peas & Sweetcorn

Chicken Curry Served with Turmeric Rice, Naan Bread Finger & Mixed Vegetables

Roast Chicken served with Roast Potatoes, Carrots, Cabbage and Gravy

Homemade Beef Lasagna Served with Whole Meal Garlic & Herb Bread, Mixed Vegetables or Salad

Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup

MEAT FREE

Quorn Sausage in a Crispy Baguette Served With Crispy Potatoes & Vegetables

Lentil Dahl Served with Turmeric Rice, Naan Bread Finger & Mixed Vegetables

Creamy Leek Wellington served with Roast Potatoes, Carrots, Cabbage and Gravy

Roasted Vegetable Lasagna Served with Whole Meal Garlic & Herb Bread, Mixed Vegetables or Salad

Vegan Quorn Sausage served with Chips, Garden Peas or Baked Beans & Ketchup

PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Cheddar Cheese Sauce with Fresh Salad

Jacket Potato with Choice of Toppings served with Fresh Salad

DESSERTS

Fresh fruit pot

Natural yogurt with healthy toppings
Or
Fresh fruit pot

Natural yogurt with healthy toppings
Or
Fresh fruit pot

Natural yogurt with healthy toppings
Or
Fresh fruit pot

Chocolate brownie
Or
Fresh fruit pot

Making lunchtime the highlight of your day

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL

Traditional Macaroni Cheese Served with Whole meal Garlic & Herb Bread, Seasonal Vegetables

Pad Thai Style Chicken served with Noodles and stir Fried seasonal Vegetables

Chicken Sausages served with Roast Potatoes, Carrots, Broccoli and Gravy

Beef Mince Chili Wrap Served With Savory Vegetable Rice & Salad

Breaded Fish Fillet served with Chips, Garden Peas or Baked Beans & Ketchup

MEAT FREE

Spanish Style Vegetable Pasta Bake Served with Whole meal Garlic & Herb Bread, Salad

Green Thai Vegetable Curry served with Noodles and Stir Fried Greens

Quorn Sausage served with Roast Potatoes, Carrots, Broccoli and Gravy

Veggie Mince Chili Wrap Served With Savory Vegetable Rice & Salad

Vegetable Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup

PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Cheddar Cheese Sauce with Fresh Salad

Jacket Potato with Choice of Toppings served with Fresh Salad

DESSERTS

fresh fruit pot

Natural yogurt with healthy toppings
Or
Fresh fruit pot

Natural yogurt with healthy toppings
Or
Fresh fruit pot

Natural yogurt with healthy toppings
Or
Fresh fruit pot

Fruit crumble with custard
Or
Fresh fruit pot

Making lunchtime the **highlight** of your day

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL

Vegan Sausage Roll Served With Crispy Potatoes & Vegetables

Jerk Chicken Thigh Served with Rice & Beans, Seasonal Vegetable

Roast Turkey served with Potatoes, Yorkshire Pudding, Carrots, Broccoli & Gravy

Beef Bolognese Pasta Served with Garlic & Herb Bread, Mixed Vegetables

Breaded Fish Fingers Served with Chips, Garden Peas or Baked Beans & Ketchup

MEAT FREE

Rainbow Whole meal Pizza Served with Baked Potato Wedges, Peas & Sweetcorn

BBQ Lentil, Chickpea & Vegetable Stew Served with Rice & Beans, Seasonal Vegetable

Roast Vegetable & Beans Pie served with Potatoes Carrots and Broccoli

Vegetable Bolognese served with Spaghetti, Garlic & Herb Bread, Seasonal Vegetables

Cheese, Onion & Mixed Pepper Roll served with Chips, Garden Peas or Baked Beans & Ketchup

PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Cheddar Cheese Sauce with Fresh Salad

Jacket Potato with Choice of Toppings served with Fresh Salad

DESSERTS

fresh fruit pot

Natural yogurt with healthy toppings
Or
Fresh fruit pot

Natural yogurt with healthy toppings
Or
Fresh fruit pot

Natural yogurt with healthy toppings
Or
Fresh fruit pot

Victoria sponge
Or
Fresh fruit pot

Making lunchtime the **highlight** of your day

<p>SEPTEMBER</p>  <p>National Hispanic Heritage Month Tuesday 16th</p> <p>International Day of Peace Thursday 19th</p>	<p>OCTOBER</p>  <p>World Teachers Day Friday 4th</p> <p>Black History Month Thursday 17th</p>	<p>NOVEMBER</p>  <p>Guy Fawkes / Bonfire Lunch Tuesday 5th</p> <p>Diwali Thursday 7th</p>	<p>DECEMBER</p>  <p>National Odd Sock Day Thursday 4th</p> <p>Christmas Dinner Day Date to be agreed with school</p>	<p>JANUARY</p>  <p>Veganuary Thursday 16th</p> <p>Chinese New Year Wednesday 29th</p>	<p>FEBRUARY</p>  <p>National Pizza Day Monday 10th</p> <p>International Stand Up to Bullying Day Friday 28th</p>
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<p>MARCH</p>  <p>Pancake Day Tuesday 4th</p> <p>World Book Day Thursday 6th</p>	<p>APRIL</p>  <p>Eid al-Fitr Tuesday 1st</p> <p>Easter Lunch Last Roast Dinner date before Easter</p>	<p>MAY</p>  <p>International Harry Potter Day Thursday 1st</p> <p>Spring Picnic Thursday 22nd</p>	<p>JUNE</p>  <p>World Environment Day Thursday 5th</p> <p>Healthy Eating Week Tuesday 10th</p>	<p>JULY</p>  <p>Ice Cream Station Tuesday 1st</p> <p>Leavers BBQ Lunch Agreed with each school</p>
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REPORTING ABSENCES

If your child is absent it is your responsibility to notify the school **ADMINISTRATION OFFICE** on the **MORNING** of the day of absence.

There are a couple of ways in which you can notify the administration team of your child's absence.

Please note: you do not need to speak to a member of the administration team to report your child's absence.

1) **Leave a voicemail** by calling the school on **020 8980 1503** and select **option 1 and wait for the beep after the message**. You will then be asked to leave a voicemail.

Please **clearly** state:

- Child's full name
- Child's class
- Reason for absence

OR

2) **Email** the school on **Info@oldfordacademy.org** and please put **ABSENCE REPORT in the subject line** and then state:

- Child's full name
- Child's class
- Reason for absence

If you do not report your child's absence they will have an **unauthorised absence** mark.

Please be reminded that three days of unauthorised absences will result in a penalty notice referral to the local authority and may lead to a £60 fine per child, per parent.

TALK

P

A

N

T

S

AND STAY SAFE,
LIKE PANTOSAURUS



P RIVATES
ARE PRIVATE

A LWAYS REMEMBER YOUR
BODY BELONGS TO YOU

N O MEANS NO

T ALK ABOUT SECRETS
THAT UPSET YOU

S PEAK UP, SOMEONE
CAN HELP



NSPCC

EVERY CHILDHOOD IS WORTH FIGHTING FOR

LEARN PANTOSAURUS' FIVE EASY RULES FOR STAYING SAFE



P RIVATES ARE PRIVATE

Your underwear covers up your private parts and no one should ask to see or touch them. Sometimes a doctor, nurse or family members might have to. But they should always explain why, and ask you if it's OK first. Remember, what's in your pants belongs only to you.



A LWAYS REMEMBER YOUR BODY BELONGS TO YOU

No one should ever make you do things that make you feel embarrassed or uncomfortable. If someone asks to see or tries to touch you underneath your underwear say 'NO' – and tell someone you trust and like to speak to.



N O MEANS NO

You always have the right to say 'no' – even to a family member or someone you love. You're in control of your body and the most important thing is how YOU feel. If you want to say 'No', it's your choice.



T ALK ABOUT SECRETS THAT UPSET YOU

There are good secrets and bad secrets. If a secret makes you feel sad or worried, it's bad – and you should tell an adult you trust about it straight away.



S PEAK UP, SOMEONE CAN HELP

It's always good to talk about stuff that makes you upset. If you're worried, go and tell a grown up you trust – like a family member, teacher or one of your friend's parents. They'll say well done for speaking out and help make everything OK. You can also call Childline on 0800 1111 and someone will always be there to listen.



Remember all of these rules and they'll help you stay safe, just like Pantosaurus

