

Issue 21 - Friday 14h February 2025

# Newsletter

 @OldFordPrimary  [www.olfordacademy.org](http://www.olfordacademy.org)

 <https://www.facebook.com/OldFordPrimaryAcademy>

## PRINCIPAL'S MESSAGE

Have a great half term and see you back at school on **Monday 24th February** at 8.55am!

ENJOY YOUR  
HALF TERM  
**BREAK!**

## PUPILS ON SOCIAL MEDIA

Lately we have been made aware of an increasing number of problems outside of school with children using social media such as Snapchat and Tik Tok.

Children under 13 should NOT be using these apps. Please ensure you are keeping an eye on your child's use of the internet. There is more information over the page.

## MOBILE PHONES AND E-SAFETY

As you know, an important part of our curriculum is teaching pupils about **esafety**.

We know that a lot of our pupils spend a lot of their time online, either through **online gaming** or on **social media apps**.

This can sometimes lead to contact with inappropriate people and/or exposure to inappropriate language.

We **strongly recommend** that you monitor your children's usage of the internet and that you are aware of what they are doing online.

Please see social media apps **age ratings** below.  
More information from the National College [here](#)

3+



YouTube Kids



PopJam

13+



Twitch



YouTube



Twitter



Monkey



Pinterest



TikTok



Instagram



Kik



House Party

16+



WhatsApp



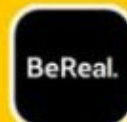
Messenger



Facebook



Snapchat



BeReal

More information on age ratings [here](#)

# FEBRUARY/MARCH CALENDAR

Friday, 14th February - **LAST DAY OF HALF TERM**

Monday 24th February - **FIRST DAY OF HALF TERM**

Thursday 6th March - **Class photographs**

Friday 7th March - **World Book Day**

Thursday 27th March - **Parent sleep workshop**

Monday 31st March - **Provisional closure day for Eid**

# PARENT/CARER SCHOOL DINNERS!

There will be limited places available for parents/carers on the following dates:

Year 6 - Friday 25th April 2025

Year 5 - Friday 4th April 2025

Year 4 - Friday 28th March 2025

Year 3 - Friday 21st March

Year 2 - Friday 14th March 2025

Year 1 - Friday 7th March 2025

Reception - Friday 28th February 2025

Nursery (Full time pupils only) - Friday 28th February 2025

Click [here](#) to book a place.

You will receive an email/MCAS message to let you know if you have a place.



# OLD FORD NEEDS YOU!

The Academy Council had a really good discussion recently about what more parents/carers could do to support the school and help out in things such as fairs and events. We are also looking at establishing a used uniform shop.

If you would like to be part of this and would like to work with others please contact the school via the usual [info@oldfordacademy.org](mailto:info@oldfordacademy.org) email address or leave your details at the office.

## AFTERSCHOOL CLUB

The afterschool care club at OFPA no longer operates. We have made an arrangement with **Olga Primary School** who have agreed that we can use their club. Their club runs from 3.30pm - 6.00pm daily and children are given a hot meal.

Each day, a OFPA staff member will collect the children from Old Ford and walk them over to Olga (which is about 5 minutes walk away.) Parents/carers will then collect the children from there. More information about the Olga provision can be found here:

<https://www.olga.towerhamlets.sch.uk/info/breakfast-and-after-school-clubs/>

You can enrol your child through OFPA and we will pass your information on to Olga.



# ACADEMY COUNCIL

The minutes from all historic meetings are on our website [here](#)

Our next meeting is on  
**Tuesday 4th March at**  
**9.15am**

Come in person or join online  
[here](#)

*Future meeting dates: 4th March, 29th  
April, 10th June*

# ARE YOU SIGNED UP TO OUR 'MY CHILD AT SCHOOL' APP?



All our important information goes out via the app so sign up today!

To sign up, go to

<https://www.mychildatschool.com/MCAS/MCSParentLogin>

and click on the 'Sign up' link, via the App or on a desktop/laptop.

**IF YOU NEED HELP SIGNING UP,  
WE WILL BE HOLDING DROP IN  
SESSIONS AT SCHOOL ON  
WEDNESDAY, THURSDAY AND  
FRIDAY AT 9.00AM**



**February Half Term 2025**  
**@ Roman Road Adventure Playground**

**WARNING**  
 Activities will get messy,  
 so wear your old clothes!



**Monday 17**

Compete in groups to complete challenges!

**Badges & Key Rings**

**Tuesday 18**

**BAKERY**

Make some delicious treats!!!

**SET**

**Baking**

**Wednesday 19**

How many flavours can you overcome!!!

**Eating Competitions**

**Thursday 20**

Get creative with Spray paints!

**Art Attack!**

**Friday 21**

Let's see what we can create!!!

**Hama Beads**

Remember, planned activities are subject to change depending on the wishes of the children present.

**See a Playworker for details**



**BE WELL**

HEALTH | WELLNESS | PLAY

# FAMILY SEN SWIMMING SESSIONS

Open swimming sessions for children with additional needs and their families. Wheelchair accessible centre with accessible changing and facilities available.

**Tiller Leisure Centre**  
**Saturdays and Sundays**  
**12:00-12.45 and 13:00-13.45**

All children must be accompanied by an adult with a maximum of 2 children per adult. Suitable for children up to 16 years of age. Note these sessions are not instructor lead.



**Scan  
to book**

**be-well.org.uk**



@BeWell\_TH



@BeWellTowerHamlets



TOWER HAMLETS

# FIRST KICKS EASTER CAMP



Join us during  
the Easter  
holidays!

9:30 AM - 3 PM  
**AGES  
5-12**

**WEEK 1**

**Mon 14th April - Thurs 17th  
April**

**WEEK 2**

**Tues 22nd April - Fri 25th April**

*This camp is only for children that receive*

***'Benefit Related Free School Meals'***

*If eligible you will receive a 16 digit HAF code*

*To accommodate children with additional needs, we kindly request you contact us before booking*



**Scan QR to book!**



**If you would like more information contact us below:**

**[firstkickssportscamp@hotmail.com](mailto:firstkickssportscamp@hotmail.com) - 07849502993**

**St Agnes Catholic Primary School, Rainhill Way, Bow, London E3 3ER**

# UNAUTHORISED ABSENCES IN TERM TIME

We follow government guidance on term time holidays (see [here](#)) and we **do not** authorise pupil holidays during term time. We encourage parents/carers to take their holidays during one of the scheduled holiday breaks.

You can be **fined** or face **legal action** for taking your child on holiday during term time.

# NOTICES

## CURRICULUM INFORMATION

Full information about how your child's year group is organised, staffing and what they will be learning this half term is available on our website [here](#)



## COFFEE MORNING

Every Thursday, 9.00am with Shabina



### PLEASE MAKE SURE YOU NAME YOUR CHILDREN'S CLOTHES

We have a very full lost property box already and nothing in there is named. Please take a couple of minutes with a pen and write your child's name on the label of their coat, school jumper and anything else that may get lost. As a parent, I know how annoying and expensive it is to have to replace lost items.



## PARENTS/CARERS

Please do not use the pupil toilets before and after school!  
These are for the children - not you!

## PLAYGROUND BEFORE AND AFTER SCHOOL

Please remember that there are no staff on duty in the playgrounds before and after school so parents/carers should supervise their own children.

Children should not be playing with balls or on the climbing frames

**PAPPA YOUNG PRESENTS**

# Father Figures Stay n Play Club

**A Stay n Play Club for Male Carers & Father Figures to connect, bond & build relationships with their young ones from an early age. We welcome all Fathers, Uncles, Grandfathers, Older Male Siblings & Godfathers to our Community**

*All Sessions Free* >>> **1st Session: Sat 18th Jan 2025**

*When* **Every Saturday | 11:30AM - 1PM**

*Where* **Isle of Dogs Children's Centre | Stebondale St | E14 3BX**

*Who* **Father Figures with New Born - 6 Years Old**

*Treats* **Healthy Snacks & Refreshments + Family Days Out**

**Point of Contact: Ceejay - Stay n Play Club Lead**

 [fatherfiguresmatter@gmail.com](mailto:fatherfiguresmatter@gmail.com)  **+44 (0) 7940 342 219**

**Scan to Register**



PLEASE **DO NOT** PARK ON THE DOUBLE YELLOW OR ZIG-ZAG LINES WHEN YOU ARE COLLECTING OR DROPPING OFF YOUR CHILDREN.



TOWER  
HAMLETS  
PARKING  
ENFORCEMENT  
OFFICERS ARE  
CONDUCTING  
REGULAR  
PATROLS IN THE  
AREA

PLEASE DO  
NOT PARK  
NEAR OUR GATES



CHILD SAFETY COMES FIRST

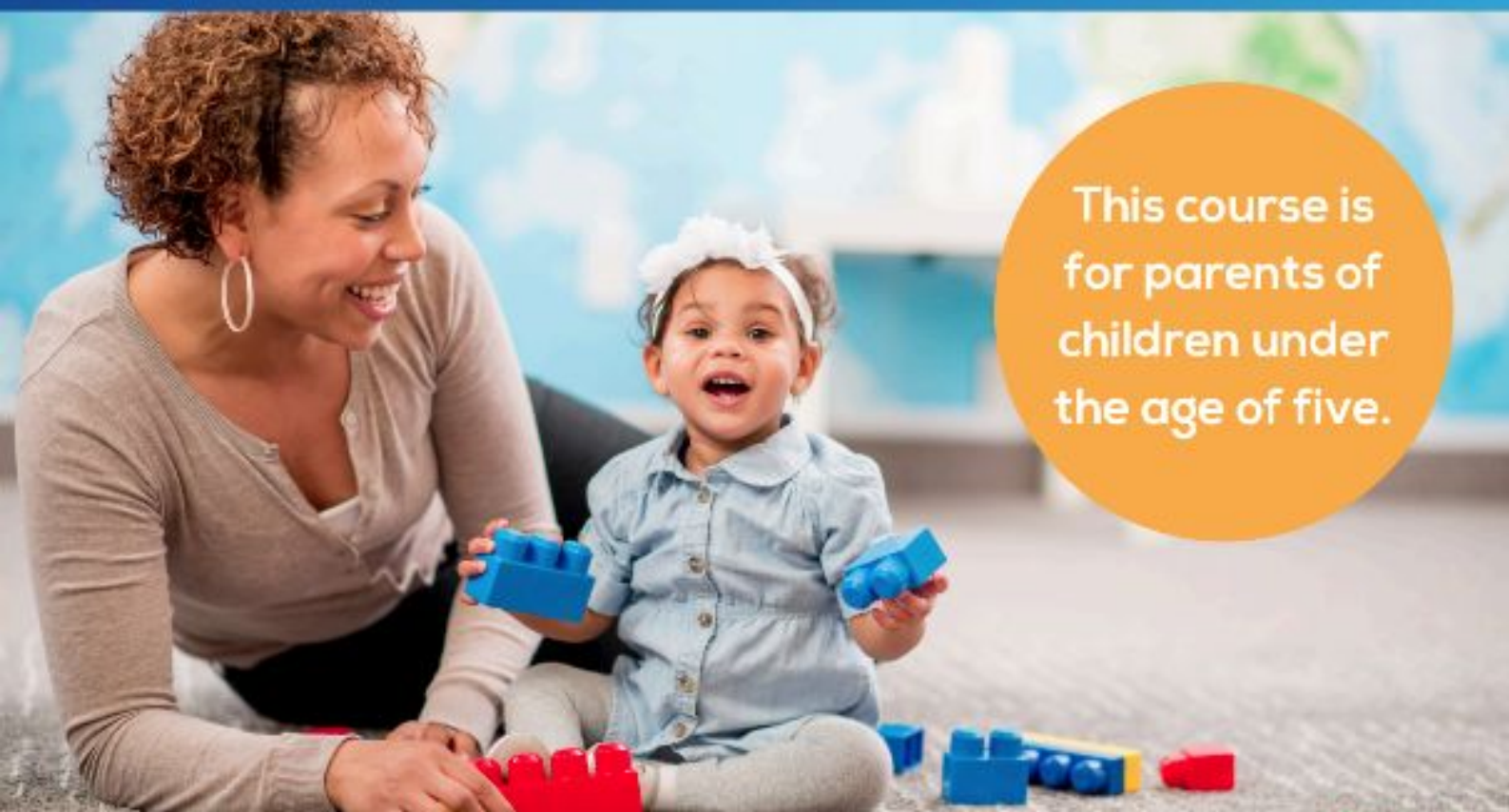
## Supporting you and your child: Understanding Emotions Together

Join our course for parents to better understand and support your child's emotions and behaviour.

Learn practical tools to help your child manage their feelings when they're upset, overwhelmed, or overly excited.

Both you and your child will attend fun sessions that include play, discussions, and activities designed to build emotional regulation skills.

To learn more, speak to a member of staff at your local Family Hub or Children and Family Centre.



This course is  
for parents of  
children under  
the age of five.

# Supporting you and your child: Understanding Emotions Together



**5-week programme for parents of children under the age of five**

**Want to better understand and support your child's emotions and behaviour? This course will help you learn how to guide your child through feelings especially when they are upset, overwhelmed, or too excited.**

We will look at “emotional regulation,” which is how your child manages their feelings in different situations. By the end of the course, you will have new ideas and tools to better support your child in their everyday life.

- The course lasts for 5 sessions.
- Sessions will be run by Educational Psychologists who have lots of experience helping children and families in schools.

You and your child will both attend the sessions. Together, we will explore helpful approaches through play, discussions, and activities. It is important to attend all sessions to get the full benefit of the course.

If your child is in nursery, we can inform them about the sessions and arrange for your child to take time away.



## Course dates and times


-  Friday 17th January, 10 - 11:30am
-  Friday 24th January, 10 - 11:30am
-  Friday 31st January, 10 - 11:30am
-  Friday 7th February, 10 - 11:30am
-  Friday 14th February, 10 - 11:30am

It is important to attend all sessions to get the full benefit of the course.

## Venue

-  Overland Family Hub, 60 Parnell Rd, Bow, London E3 2RU

## More information

-  For more details contact 0207 364 1925 to speak to a member of staff.



MAYOR OF  
**TOWER HAMLETS**



# Cost of Living Help

A guide to the help and support available for Tower Hamlets residents during the cost of living crisis.

3rd Edition – updated  
for 2024/25



Click [here](#) to access the full booklet



# Anxious? Stressed? Feeling Low?

Talking Therapies is a **free** NHS service that offers a range of confidential support to help improve your mental health and wellbeing.

We offer a range of psychological support through:

- Psychoeducational workshops
- Group therapy
- 1:1 individual therapy

We can offer this via phone, video call or face-to-face.



<https://www.eft.nhs.uk/tower-hamlets-talking-therapies>

Tower Hamlets Talking Therapies  
71 Johnson Street, London, E1 0AQ

Take the first step  
and contact us today:  
0208 175 1770



We care  
We respect  
We are inclusive

# Supporting you, for a brighter future

Every family sometimes needs support to help their babies and children thrive. Family Hubs brings together local services and advice for children, young people and their families, including Start for Life services for 0-2-year-olds.

Click [here](#) for more information



# IMPORTANT!!!!

Please make sure you clearly label ALL of your children's clothes with their name and class.

We have dozens of lost jumpers and coats that get left in the playground and lost because we don't know who they belong to!



Just get a pen and write their name and class on the label inside!



## FRUIT AT BREAK TIMES

If you would like to provide your child with a **piece of fruit** to eat at break/play time, please do so!

Please note: **Only fresh fruit\*** is allowed.

**No** fruit snacks, bars or anything else!

*\*please give these to your child **before** school and do not bring into the office! Our staff are very busy in the mornings!*

# CAKE WITH KEVIN VALUES WINNERS!

Over the page...



# THIS WEEK'S VALUES WINNERS



## 5I - Adheem

Congratulations Adheem for showing resilience and determination during your swimming lessons. Well done for moving up a level! We are so proud of your achievements.



## 3C- Amelia

Excellence- It has been so lovely to see your confidence grow since you joined the class. During the D&T week you really came into your own. You asked lots of interesting questions and created a unique pneumatic toy. Well done!

## 5E - Alejandro

Excellence: You are putting in great effort with your Reading Plus! You are well on your way to becoming a Reading Plus Extraordinaire! Keep it up.



<b>Integrity</b> doing the right thing even when no one is watching	<b>Community</b> working together; learning from, and supporting, others	<b>Excellence</b> enabling everyone to achieve more through education
--	---	--

# THIS WEEK'S VALUES WINNERS



## 5C - Ashfiyan

You are an excellent mathematician. You pay attention to detail and have shown excellent reasoning skills. Keep up the hard work. I am very proud of your contributions to our class discussions.



## 3I - Dawud

Dawud has shown excellence in both his behaviour towards learning and in his work. Keep up the great work Dawud!

## 1I - Eliza

Well done for trying really hard in Extended Writing. You did a very impressive write on why whales are not fish. Keep up the good work!



# THIS WEEK'S VALUES WINNERS



## 1E - Jensen

Jenson, you have been showing integrity in 1E.

Every morning after breakfast club, you come into 1E and sit quietly on the carpet straight away reading to listen and learn. I have also noticed your excellent listening and trying your best with all your school work. Well done, keep it up!



## 6E - Khadijatu

For always trying your best to produce quality work. You listen well and follow instructions to the best of your abilities. In addition to this, you make my day so much easier. You tidy up, hand out resources, organise EVERYTHING and remind me to do the MANY things that I forget! I don't know what I would do without you!

## 2E - Patricia

Patricia, I can see how hard you have been trying to improve with your listening and working independently. Good job and keep it up, I am proud of you.

## 1C - Mirha

Mirha, you showed amazing integrity in Maths this week! You worked so hard using the Make Ten strategy to identify the difference on a number line. Your great number bond knowledge helped you make the correct jumps, and you didn't give up until your work was perfect. Well done Mirha!



# THIS WEEK'S VALUES WINNERS

## 2C - Phoebe

Community - Phoebe, you are such a calm, kind and caring person. You are always being gentle and friendly to others. I was so impressed with how nicely you were playing with your friends in the playground this week. We are so lucky to have you in 2C. Keep up the kindness!

## RC- Sara

Sara Zamal (RC) is receiving an Excellence award for fantastic work. You confidently use the number line for addition and subtraction and can write the equations by yourself now. Well Done!

## 4C - Sumayyah

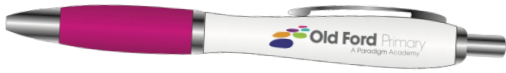
Sumayyah is an exceptional student in class from the way she behaves to the way her creativity flows in her writing. It is truly inspiring to have her in my class, well done Sumayyah!

## 2I - Talhah

Community-Thank you for supporting your peers during computing lessons. You have true community spirit.



# THIS WEEK'S VALUES WINNERS



**RE - Yahya**

You are such a superstar helper. Thank you for always being there when we need a helping hand!



<b>Integrity</b> doing the right thing even when no one is watching	<b>Community</b> working together; learning from, and supporting, others	<b>Excellence</b> enabling everyone to achieve more through education
--	---	--

# UNIFORM

Pupils should **ONLY** be wearing the uniform pictured below. If pupils are not in the correct uniform, we will be calling parents/carers for them to bring this in. **NO 'HOODIES' OF ANY COLOUR**



## **P.E. UNIFORM**

Please make sure your child has black jogging bottoms or shorts and a black T-shirt.

Black T-shirts are available from the school office for £2.00



**Scarves should be dark blue or black**



## PLEASE MAKE SURE YOU NAME YOUR CHILDREN'S CLOTHES

We have a very full lost property box already and nothing in there is named. Please take a couple of minutes with a pen and write your child's name on the label of their coat, school jumper and anything else that may get lost. As a parent, I know how annoying and expensive it is to have to replace lost items.



## COLLECTING PUPILS AT THE END OF THE DAY

Please could you wait until all pupils are in their lines before speaking to the teacher and collecting your child.

We need to make sure that all of our pupils go home with the right adult!

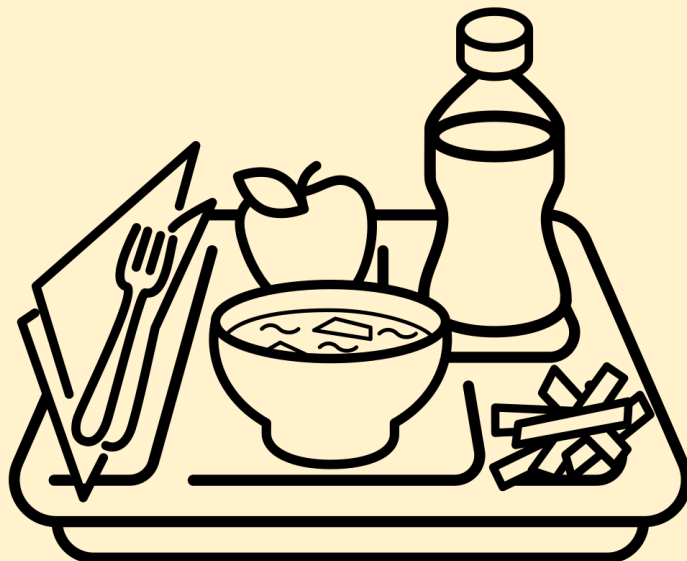
**REMEMBER - SCHOOL STARTS AT...**



**DON'T BE LATE!**

# How are lunches organised at OFPA?

- All pupils play in their playground.
- A midday meals supervisor will come out to the playground and ring a bell. All the children stop and look.
- The midday meals supervisor will hold up a sign with the name of a class on it (e.g. 3E) and all the children line up and are walked in to the dinner hall.
- This is repeated for all classes.
- At the end, a sign is held up saying 'Last Call' This is an opportunity for any children who have missed their lunch to go in.



# MENU FOR 2024/25

(From October 2024)



LUNCHTIME CO<sup>®</sup>

## WEEK 1 MENU

WEEKS: 04/11, 25/11, 16/12, 20/01, 10/02, 10/03, 31/03

Old Ford Primary



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### MAIN MEAL

Roasted Vegetable, Tomato & Chickpea Pasta Bake & Mixed Vegetable

Thai Chicken Curry Served with Fragrant Rice & Medley of Green Vegetables

Roast Chicken served with Roast Potatoes, Carrots, Broccoli, and Gravy

Beef Bolognese served with Spaghetti, Homemade Garlic & Herb Bread, Seasonal Vegetables or Mixed Salad

Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans

### MEAT FREE

Cheese & Tomato Pinwheels Served With Wholegrain Rice & Mixed Vegetable

Roasted Butternut Squash & Spinach Thai Curry Served with Fragrant Rice & Medley of Green Vegetables

Quorn Fillet served with Roast Potatoes, Carrots, Cabbage and Gravy

Vegetable & Lentil Bolognese served with Penne Pasta, Homemade Garlic & Herb Bread, Seasonal Vegetables or Mixed Salad

Vegetable Nuggets served with Chips, Garden Peas or Baked Beans

### PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

### DESSERTS

Ice cream Mondays Or Fresh fruit pot

Natural yogurt with healthy toppings Or Fresh fruit pot

Natural yogurt with healthy toppings Or Fresh fruit pot

Natural yogurt with healthy toppings Or Fresh fruit pot

Treat day Friday with cake Or Fresh fruit pot

Making lunchtime the **highlight** of your day

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**MAIN MEAL**

Margarita Pizza  
Served with Baked  
Potato Wedges, Peas &  
Sweetcorn

Marinated  
Jerk Chicken Served  
With Rice & Peas, Mixed  
Vegetable

Roast Turkey served  
with Roast Potatoes,  
Carrots, Broccoli and  
Gravy

Italian Meatball in a  
Rich Tomato Sauce  
Served with Pasta &  
Mixed Vegetables

Breaded Fish Fillet  
served with Chips,  
Garden Peas or Baked  
Beans

**MEAT FREE**

Rainbow Pizza Served  
with Baked Potato  
Wedges, Peas &  
Sweetcorn

Sweet Potato & Black  
Bean Jerk Curry  
Served With Rice &  
Peas, Mixed Vegetable

Cauliflower, Broccoli  
Lentil Cheese Bake  
Served with Roast  
Potatoes, Carrots,  
Broccoli and Gravy

Italian Vegan Meatball  
in a Rich Tomato  
Sauce Served with  
Pasta & Mixed  
Vegetables

Vegan Sausage Roll  
served with Chips,  
Garden Peas or Baked  
Beans

**PASTA & JACKETS**

Jacket Potato with  
Choice of Toppings  
served with  
Fresh Salad

Pasta Twists with  
Homemade Tomato and  
Vegetable Sauce served  
with Fresh Salad and  
Chunky Bread

Jacket Potato with  
Choice of Toppings  
served with  
Fresh Salad

Pasta Twists with  
Cheddar Cheese Sauce  
with Fresh Salad and  
Chunky Bread

Jacket Potato with  
Choice of Toppings  
served with  
Fresh Salad

**DESSERTS**

Ice cream Mondays  
Or  
Fresh fruit pot

Natural yogurt with  
healthy toppings  
Or  
Fresh fruit pot

Natural yogurt with  
healthy toppings  
Or  
Fresh fruit pot

Natural yogurt with  
healthy toppings  
Or  
Fresh fruit pot

Treat day Friday with  
cake  
Or  
Fresh fruit pot

Making lunchtime the **highlight** of your day

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**MAIN MEAL**

Traditional Macaroni  
Cheese Served with  
Homemade Garlic &  
Herb Bread, Seasonal  
Vegetables

Turkey Tikka  
Served with Rice,  
Naan Bread Finger  
and Mixed vegetable

Chicken Sausage served  
with Potatoes, Yorkshire  
Pudding, Carrots,  
Broccoli & Gravy

Beef Lasagna Served  
with Homemade Garlic  
Bread & Mixed  
Vegetables Or Fresh  
Salad

Fish Fingers Served  
with Chips, Garden  
Peas or Baked Beans

**MEAT FREE**

Moroccan Vegetable &  
Chickpea Tagine Served  
with Crusty Whole meal  
Bread

Vegetable Tikka  
Served with Rice, Naan  
Bread Finger and Mixed  
vegetable

Quorn Sausage  
served with Potatoes,  
Yorkshire Pudding,  
Carrots, Broccoli &  
Gravy

Tex Mex Vegan Mince  
& Cheese Burrito Served  
With Mixed Vegetables  
Or Fresh Salad

Fishless Fish Fingers  
served with Chips,  
Garden Peas or Baked  
Beans

**PASTA & JACKETS**

Jacket Potato with  
Choice of Toppings  
served with  
Fresh Salad

Pasta Twists with  
Homemade Tomato and  
Vegetable Sauce served  
with Fresh Salad and  
Chunky Bread

Jacket Potato with  
Choice of Toppings  
served with  
Fresh Salad

Pasta Twists with  
Cheddar Cheese Sauce  
with Fresh Salad and  
Chunky Bread

Jacket Potato with  
Choice of Toppings  
served with  
Fresh Salad

**DESSERTS**

Ice cream Mondays  
Or  
Fresh fruit pot

Natural yogurt with  
healthy toppings  
Or  
Fresh fruit pot

Natural yogurt with  
healthy toppings  
Or  
Fresh fruit pot

Natural yogurt with  
healthy toppings  
Or  
Fresh fruit pot

Treat day Friday with  
cake  
Or  
Fresh fruit pot

Making lunchtime the **highlight** of your day

<p><b>SEPTEMBER</b></p>  <p><b>National Hispanic Heritage Month</b> Tuesday 16th</p> <p><b>International Day of Peace</b> Thursday 19th</p>	<p><b>OCTOBER</b></p>  <p><b>World Teachers Day</b> Friday 4th</p> <p><b>Black History Month</b> Thursday 17th</p>	<p><b>NOVEMBER</b></p>  <p><b>Guy Fawkes / Bonfire Lunch</b> Tuesday 5th</p> <p><b>Diwali</b> Thursday 7th</p>	<p><b>DECEMBER</b></p>  <p><b>National Odd Sock Day</b> Thursday 4th</p> <p><b>Christmas Dinner Day</b> Date to be agreed with school</p>	<p><b>JANUARY</b></p>  <p><b>Veganuary</b> Thursday 16th</p> <p><b>Chinese New Year</b> Wednesday 29th</p>	<p><b>FEBRUARY</b></p>  <p><b>National Pizza Day</b> Monday 10th</p> <p><b>International Stand Up to Bullying Day</b> Friday 28th</p>
<p><b>MARCH</b></p>  <p><b>Pancake Day</b> Tuesday 4th</p> <p><b>World Book Day</b> Thursday 6th</p>	<p><b>APRIL</b></p>  <p><b>Eid al-Fitr</b> Tuesday 1st</p> <p><b>Easter Lunch</b> Last Roast Dinner date before Easter</p>	<p><b>MAY</b></p>  <p><b>International Harry Potter Day</b> Thursday 1st</p> <p><b>Spring Picnic</b> Thursday 22nd</p>	<p><b>JUNE</b></p>  <p><b>World Environment Day</b> Thursday 5th</p> <p><b>Healthy Eating Week</b> Tuesday 10th</p>	<p><b>JULY</b></p>  <p><b>Ice Cream Station</b> Tuesday 1st</p> <p><b>Leavers BBQ Lunch</b> Agreed with each school</p>	

# REPORTING ABSENCES

If your child is absent it is your responsibility to notify the school **ADMINISTRATION OFFICE** on the **MORNING** of the day of absence.

There are a couple of ways in which you can notify the administration team of your child's absence.

**Please note:** you do not need to speak to a member of the administration team to report your child's absence.

1) **Leave a voicemail** by calling the school on **020 8980 1503** and select **option 1 and wait for the beep after the message**. You will then be asked to leave a voicemail.

Please **clearly** state:

- Child's full name
- Child's class
- Reason for absence

OR

2) **Email** the school on **Info@oldfordacademy.org** and please put **ABSENCE REPORT in the subject line** and then state:

- Child's full name
- Child's class
- Reason for absence

If you do not report your child's absence they will have an **unauthorised absence** mark.

**Please be reminded that three days of unauthorised absences will result in a penalty notice referral to the local authority and may lead to a £60 fine per child, per parent.**

TALK

P

A

N

T

S

AND STAY SAFE,  
LIKE PANTOSAURUS



**P** RIVATES  
ARE PRIVATE

**A** LWAYS REMEMBER YOUR  
BODY BELONGS TO YOU

**N** O MEANS NO

**T** ALK ABOUT SECRETS  
THAT UPSET YOU

**S** PEAK UP, SOMEONE  
CAN HELP



NSPCC

EVERY CHILDHOOD IS WORTH FIGHTING FOR

# LEARN PANTOSAURUS' FIVE EASY RULES FOR STAYING SAFE



## **P** RIVATES ARE PRIVATE

Your underwear covers up your private parts and no one should ask to see or touch them. Sometimes a doctor, nurse or family members might have to. But they should always explain why, and ask you if it's OK first. Remember, what's in your pants belongs only to you.



## **A** LWAYS REMEMBER YOUR BODY BELONGS TO YOU

No one should ever make you do things that make you feel embarrassed or uncomfortable. If someone asks to see or tries to touch you underneath your underwear say 'NO' – and tell someone you trust and like to speak to.



## **N** O MEANS NO

You always have the right to say 'no' – even to a family member or someone you love. You're in control of your body and the most important thing is how YOU feel. If you want to say 'No', it's your choice.



## **T** ALK ABOUT SECRETS THAT UPSET YOU

There are good secrets and bad secrets. If a secret makes you feel sad or worried, it's bad – and you should tell an adult you trust about it straight away.



## **S** PEAK UP, SOMEONE CAN HELP

It's always good to talk about stuff that makes you upset. If you're worried, go and tell a grown up you trust – like a family member, teacher or one of your friend's parents. They'll say well done for speaking out and help make everything OK. You can also call Childline on 0800 1111 and someone will always be there to listen.



Remember all of these rules and they'll help you stay safe, just like Pantosaurus

