

# Newsletter



@OldFordPrimary



www.oldfordacademy.org



<https://www.facebook.com/OldFordPrimaryAcademy>

## PRINCIPAL'S MESSAGE



This week we said goodbye to our **mobile swimming pool** and our two amazing swimming teachers **Nadia** and **Charlotte**. It was such a great experience for our pupils. Being able to swim is a skill that might save your life one day! We are looking at getting the pool back next academic year. In the meantime, **Y4 and Y5** will go back to their normal swimming lessons at Mile End Leisure centre for the remainder of the year, starting on the **8th of January**.

## PARENT CARER SURVEY

Have you completed this **survey** yet? We want as many of our parents/carers to complete it and tell us what they think of our school.

It's completely anonymous and you might win a **£50.00** voucher!

 edurio

Click [here](#) to complete the survey.

Today we all wore odd socks as part of Anti-bullying week to celebrate the fact that we are all different and all unique.

Can you spot your socks here?



ANTI-BULLYING WEEK 2024

CHOOSE  
RESPECT

#ANTIBULLYINGWEEK

Monday 11<sup>th</sup> to  
Friday 15<sup>th</sup> November

ODD SOCKS  
DAY 2024

#OddSocksDay

#ChooseRespect



Today we all wore odd socks as part of Anti-bullying week to celebrate the fact that we are all different and all unique.

Can you spot your socks here?



**ANTI-BULLYING WEEK 2024**

**CHOOSE RESPECT**

#ANTIBULLYINGWEEK

Monday 11<sup>th</sup> to Friday 15<sup>th</sup> November

**ODD SOCKS DAY 2024**

#OddSocksDay #ChooseRespect

**DEAR PARENTS  
AND CARERS**

**We want to make sure  
your voice is heard so that  
we can create the best  
learning environment for  
your child.**

**SO HAVE  
YOUR SAY!**

**And keep an eye for a link to a  
survey from the school.**

Our parent/carer survey will be launching  
on **Tuesday 12th November.**

Click [here](#) to have your say!

There are £50 shopping vouchers up for  
grabs!

**edurio'**

# ARE YOU SIGNED UP TO OUR 'MY CHILD AT SCHOOL' APP?



All our important information goes out  
via the app so sign up today!

To sign up, go to  
[https://www.mychildatschool.com/MCAS  
/MCSParentLogin](https://www.mychildatschool.com/MCAS/MCSParentLogin)

and click on the 'Sign up' link, via the  
App or on a desktop/laptop.

**IF YOU NEED HELP SIGNING UP,  
WE WILL BE HOLDING DROP IN  
SESSIONS AT SCHOOL ON  
WEDNESDAY, THURSDAY AND  
FRIDAY AT 9.00AM**

# ACADEMY COUNCIL

The minutes from all historic meetings are on our website [here](#)

Our next meeting is on  
**Tuesday 14th January at  
9.15am**

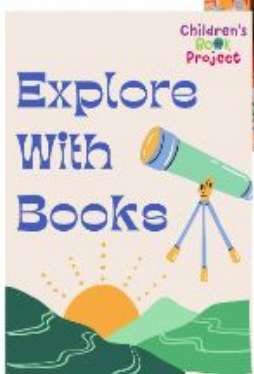
Come in person or join online  
[here](#)

*Future meeting dates: 14th January, 4th March, 29th April, 10th June*





A Pop Up  
Bookshop is  
coming to our  
school!



Children's  
Book  
Project



## UNAUTHORISED ABSENCES IN TERM TIME

We follow government guidance on term time holidays (see [here](#)) and we **do not** authorise pupil holidays during term time. We encourage parents/carers to take their holidays during one of the scheduled holiday breaks.

You can be **fined** or face **legal action** for taking your child on holiday during term time.

PLEASE **DO NOT** PARK ON THE  
DOUBLE YELLOW OR ZIG-ZAG  
LINES WHEN YOU ARE  
COLLECTING OR DROPPING OFF  
YOUR CHILDREN.



TOWER  
HAMLETS  
PARKING  
ENFORCEMENT  
OFFICERS ARE  
CONDUCTING  
REGULAR  
PATROLS IN THE  
AREA

PLEASE DO  
NOT PARK  
NEAR OUR GATES



**CHILD SAFETY COMES FIRST**



# Supporting you, for a brighter future

Every family sometimes needs support to help their babies and children thrive. Family Hubs brings together local services and advice for children, young people and their families, including Start for Life services for 0-2-year-olds.

Click [here](#) for  
more  
information



# IMPORTANT!!!!

Please make sure you clearly label ALL of your children's clothes with their name and class.

We have dozens of lost jumpers and coats that get left in the playground and lost because we don't know who they belong to!



Just get a pen  
and write their  
name and class  
on the label  
inside!





# FRUIT AT BREAK TIMES

If you would like to provide your child with a **piece of fruit** to eat at break/play time, please do so!

Please note: **Only fresh fruit\*** is allowed.

**No** fruit snacks, bars or anything else!

*\*please give these to your child **before** school and do not bring into the office! Our staff are very busy in the mornings!*



# PARENT/CARER SCHOOL DINNERS ARE BACK!

There will be 10 places available for parents/carers to have school dinner with their children on the following dates:

**Year 6 - Thursday 3rd October**

**Year 5 - Thursday 10th October**

**Year 4 - Thursday 17th October**

**Year 3 - Thursday 24th October**

**Year 2 - Thursday 7th November**

**Year 1 - Thursday 14th November**

**Reception - Thursday 21st November**

**Nursery (Full time pupils only) - Thursday 28th November**

If there are more than 10 people that sign up for a date, we will select 10 randomly and will let you know if you have been chosen.

Sign up using the Google form link [here](#)





# BOW COMMUNITY HUB

**BOW COMMUNITY HUB, PRIESTMAN POINT,  
RAINHILL WAY, LONDON E3 3EY**

**Opening on Wednesday 27th November 2024**

The launch of our new youth club safe space at Young Tower Hamlets for young people in the borough.

- Hang out in the safe space,
- Meet new friends,
- Use our facilities,
- Attend trips
- Opportunities for training & qualifications
- Take part in activities
- and many more

**Be the first to meet us:** Get to know the youth workers in the club and see the building. Come and take part in some activities and games.

Contact Tobi from YTH for more information

Phone: **07738 265076**

Email: **Tobie.bolanle@towerhamlets.gov.uk**



# NOTICES

## CURRICULUM INFORMATION

Full information about how your child's year group is organised, staffing and what they will be learning this half term is available on our website [here](#)



## COFFEE MORNING

Every Thursday, 9.00am with Shabina



### PLEASE MAKE SURE YOU NAME YOUR CHILDREN'S CLOTHES

We have a very full lost property box already and nothing in there is named. Please take a couple of minutes with a pen and write your child's name on the label of their coat, school jumper and anything else that may get lost. As a parent, I know how annoying and expensive it is to have to replace lost items.



## PARENTS/CARERS

Please do not use the pupil toilets before and after school!  
These are for the children - not you!

## PLAYGROUND BEFORE AND AFTER SCHOOL

Please remember that there are no staff on duty in the playgrounds before and after school so parents/carers should supervise their own children.

Children should not be playing with balls or on the climbing frames



# MANNERS

As part of our  
'Manners and  
etiquette' work, we  
are practising our  
**conversation and  
listening skills.** Look  
over the page to see  
what we are  
learning...

# Listening Skills

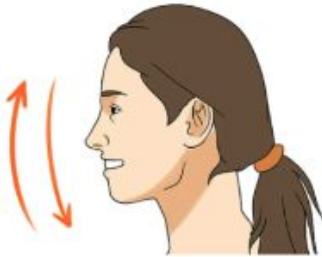
**How do you show good listening?**

**How do you show good listening?**

**1. Look at the person speaking**



**2. Nod occasionally**



**3. Use verbal affirmations**



**4. Ask follow up questions**



**How do you show good listening?**

**5. Don't interrupt!**



**6. Keep open body language**



# What does a good conversation look like?

## Good listening



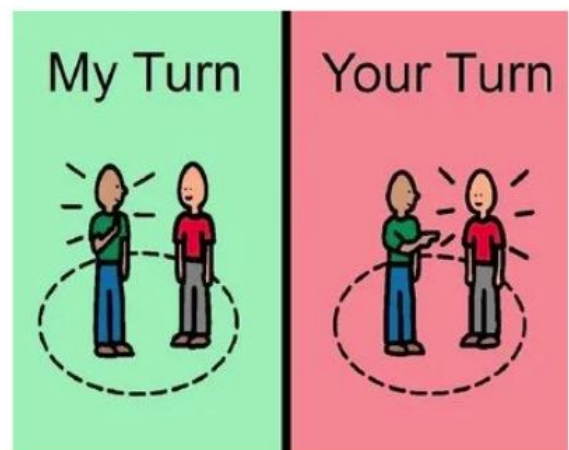
## Speaking clearly



## Asking questions



## Taking turns to speak



## Using appropriate body language





## MOBILE PHONES AND E-SAFETY

As you know, an important part of our curriculum is teaching pupils about **esafety**.

We know that a lot of our pupils spend a lot of their time online, either through **online gaming** or on **social media apps**.

This can sometimes lead to contact with inappropriate people and/or exposure to inappropriate language.

We **strongly recommend** that you monitor your children's usage of the internet and that you are aware of what they are doing online.

Please see social media apps **age ratings** below.



More information on age ratings [here](#)

# CAKE WITH KEVIN VALUES WINNERS!

Over the page...



# THIS WEEK'S VALUES WINNERS



## RI - Aaryan

Aaryan has been doing some amazing number work, working on numbers beyond 20. Keep up the great work Aaryan!

## 4E - Amelia



Amelia-You show Excellence in everything you do! You are always working hard, showing STAR and helping others. You take pride in the work you produce. Well done!

## 1E - Aiden

Aiden the teachers in Old Ford have noticed how kind and supportive you are towards your friends. You always help other children if they need help and you always do this without being asked. You help children find their pages in their phonics books, you help your talk partner in maths. We are very lucky to have you in year 1. Well done!





# THIS WEEK'S VALUES WINNERS



## 1I - Ibrahim

You are always so kind and helpful towards your friends. A fantastic role model. Well done!



## 6E - Isa

Isa, for finding a £10 note in the playground and handing it in straight to an adult. I'm proud of you for understanding that if you found it on the street and didn't see who dropped it, it would be ok to keep it, but within our school grounds, we are a family and it could be returned to the person who lost it. A fine example of integrity!

## 4C - Emran

Your growth this term has been remarkable, and it's been a joy to watch. The way you're participating more, the progress in your work, and your ability to stay focused are truly inspiring. Keep up the amazing work, superstar—you're on a fantastic path!



# THIS WEEK'S VALUES WINNERS



## 6I - Khadijah

Well done for always trying your best and ensuring you are on task and ready to learn! You are a pleasure to teach!



## 5E - Khalil

Excellence: I do not know what you did over the holidays or what you ate but whatever it is, you have been on fire this week! With your focus, work and listening skills, the whole lot. Keep this up!

## 4I - Leen

Excellence: Leen has done a fantastic piece of writing this week. She has incorporated varying sentence starters, wonderful noun phrases and it has been presented beautifully in her book.



## 2C - Lorenzo

Lorenzo, I am so proud of how hard you are working and how much you are looking out for others. I have noticed you trying your best to follow instructions and win points for your table. Keep up the amazing work! I am so proud of you.



# THIS WEEK'S VALUES WINNERS

## 5C - Muhsin

You are a superstar! Thank you for being courteous, considerate and community-spirited. You always aim high in everything that you do and are a pleasure to teach.

## 5I - Niya

I am very proud of you Niya. You always work hard and ensure that you make the best use of your learning time, especially in Maths. Thank you for being a star to teach.

## 2E - Sabrin

Sabreen, I am so impressed with how hard you've been trying in all your lessons, but particularly in Maths. I know I can rely on you to be doing the right thing, working well by yourself or with your partner. Well done, keep it up!

## 1C - Sami

I would like to nominate Sami for an excellence value award for showing outstanding effort in extended writing this week. You have worked hard, listened carefully to instructions, and completed your tasks with dedication. Keep up the amazing work Sami!





# THIS WEEK'S VALUES WINNERS



## 2I - Yasir

Excellence - Yasir has been working so hard in class, and it really shows in everything he does! We are so proud of how focused he stays during writing and reading tasks and even sharing his answers on the carpet! Fantastic job, Yasir - keep it up!

## 3C - Yunus

Excellence- You have really taken on board all of the feedback about your handwriting and as a result it has greatly improved. Well done and keep it up.

## 3I - Umayrah

Excellence - Umayra has shown excellent effort in all her learning this week. Keep it up!

## RI - Yusuf

Yusuf - Integrity - Yusuf always tries his best and is always getting involved in carpet sessions. Yusuf is kind to his friends and always plays nicely. well don Yusuf, keep up the good work.



### Integrity

doing the right thing even when no one is watching

### Community

working together; learning from, and supporting, others

### Excellence

enabling everyone to achieve more through education

# UNIFORM

Pupils should **ONLY** be wearing the uniform pictured below. If pupils are not in the correct uniform, we will be calling parents/carers for them to bring this in. **NO 'HOODIES' OF ANY COLOUR**



## **P.E. UNIFORM**

Please make sure your child has black jogging bottoms or shorts and a black T-shirt.

Black T-shirts are available from the school office for £2.00



**Scarves should be dark blue or black**





## AFTERSCHOOL CLUB

The afterschool care club at OFPA no longer operates. We have made an arrangement with **Olga Primary School** who have agreed that we can use their club. Their club runs from 3.30pm - 6.00pm daily and children are given a hot meal.

Each day, a OFPA staff member will collect the children from Old Ford and walk them over to Olga (which is about 5 minutes walk away.) Parents/carers will then collect the children from there. More information about the Olga provision can be found here:

<https://www.olga.towerhamlets.sch.uk/info/breakfast-and-after-school-clubs/>

You can enrol your child through OFPA and we will pass your information on to Olga.



## PLEASE MAKE SURE YOU NAME YOUR CHILDREN'S CLOTHES

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## COLLECTING PUPILS AT THE END OF THE DAY

Please could you wait until all pupils are in their lines before speaking to the teacher and collecting your child.

We need to make sure that all of our pupils go home with the right adult!

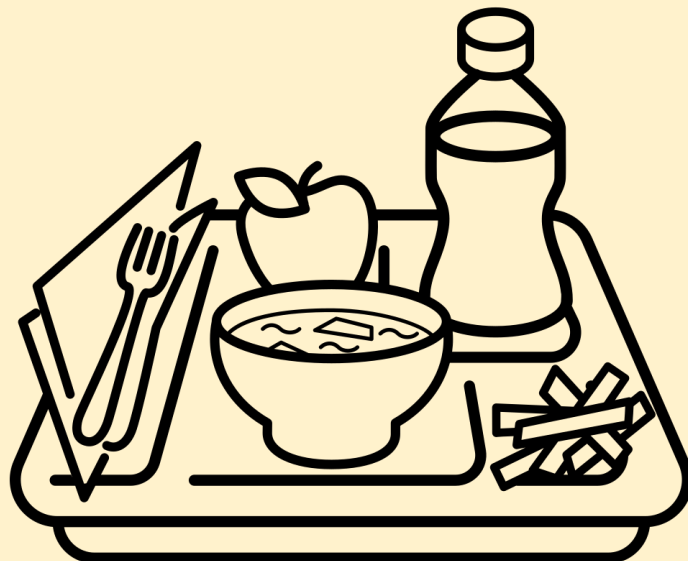
**REMEMBER - SCHOOL STARTS AT...**



**DON'T BE LATE!**

# How are lunches organised at OFPA?

- All pupils play in their playground.
- A midday meals supervisor will come out to the playground and ring a bell. All the children stop and look.
- The midday meals supervisor will hold up a sign with the name of a class on it (e.g. 3E) and all the children line up and are walked in to the dinner hall.
- This is repeated for all classes.
- At the end, a sign is held up saying 'Last Call' This is an opportunity for any children who have missed their lunch to go in.





# MENU FOR 2024/25

(From October 2024)



LUNCHTIME CO<sup>®</sup>

## WEEK 1 MENU

WEEKS: 04/11, 25/11, 16/12, 20/01, 10/02, 10/03, 31/03

Old Ford Primary



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

#### MAIN MEAL

Roasted Vegetable,  
Tomato & Chickpea  
Pasta Bake & Mixed  
Vegetable

Thai Chicken Curry  
Served with Fragrant  
Rice & Medley of Green  
Vegetables

Roast Chicken served  
with Roast Potatoes,  
Carrots, Broccoli, and  
Gravy

Beef Bolognese served  
with Spaghetti,  
Homemade Garlic &  
Herb Bread, Seasonal  
Vegetables or Mixed  
Salad

Fish Fingers or Salmon  
Fish Fingers served  
with Chips, Garden  
Peas or Baked Beans

#### MEAT FREE

Cheese & Tomato  
Pinwheels Served With  
Wholegrain Rice &  
Mixed Vegetable

Roasted Butternut  
Squash & Spinach Thai  
Curry Served with  
Fragrant Rice & Medley  
of Green Vegetables

Quorn Fillet served  
with Roast Potatoes,  
Carrots, Cabbage and  
Gravy

Vegetable & Lentil  
Bolognese served with  
Penne Pasta, Homemade  
Garlic & Herb Bread,  
Seasonal Vegetables or  
Mixed Salad

Vegetable Nuggets  
served with Chips,  
Garden Peas  
or Baked Beans

#### PASTA & JACKETS

Jacket Potato with  
Choice of Toppings  
served with  
Fresh Salad

Pasta Twists with  
Homemade Tomato and  
Vegetable Sauce served  
with Fresh Salad and  
Chunky Bread

Jacket Potato with  
Choice of Toppings  
served with  
Fresh Salad

Pasta Twists with  
Cheddar Cheese Sauce  
with Fresh Salad and  
Chunky Bread

Jacket Potato with  
Choice of Toppings  
served with  
Fresh Salad

#### DESSERTS

Ice cream Mondays  
Or  
Fresh fruit pot

Natural yogurt with  
healthy toppings  
Or  
Fresh fruit pot

Natural yogurt with  
healthy toppings  
Or  
Fresh fruit pot

Natural yogurt with  
healthy toppings  
Or  
Fresh fruit pot

Treat day Friday with  
cake  
Or  
Fresh fruit pot

Making lunchtime the **highlight** of your day

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

#### MAIN MEAL

Margarita Pizza  
Served with Baked  
Potato Wedges, Peas &  
Sweetcorn

Marinated  
Jerk Chicken Served  
With Rice & Peas, Mixed  
Vegetable

Roast Turkey served  
with Roast Potatoes,  
Carrots, Broccoli and  
Gravy

Italian Meatball in a  
Rich Tomato Sauce  
Served with Pasta &  
Mixed Vegetables

Breaded Fish Fillet  
served with Chips,  
Garden Peas or Baked  
Beans

#### MEAT FREE

Rainbow Pizza Served  
with Baked Potato  
Wedges, Peas &  
Sweetcorn

Sweet Potato & Black  
Bean Jerk Curry  
Served With Rice &  
Peas, Mixed Vegetable

Cauliflower, Broccoli  
Lentil Cheese Bake  
Served with Roast  
Potatoes, Carrots,  
Broccoli and Gravy

Italian Vegan Meatball  
in a Rich Tomato  
Sauce Served with  
Pasta & Mixed  
Vegetables

Vegan Sausage Roll  
served with Chips,  
Garden Peas or Baked  
Beans

#### PASTA & JACKETS

Jacket Potato with  
Choice of Toppings  
served with  
Fresh Salad

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Homemade Tomato and  
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Making lunchtime the **highlight** of your day

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

#### MAIN MEAL

Traditional Macaroni  
Cheese Served with  
Homemade Garlic &  
Herb Bread, Seasonal  
Vegetables

Turkey Tikka  
Served with Rice,  
Naan Bread Finger  
and Mixed vegetable

Chicken Sausage served  
with Potatoes, Yorkshire  
Pudding, Carrots,  
Broccoli & Gravy

Beef Lasagna Served  
with Homemade Garlic  
Bread & Mixed  
Vegetables Or Fresh  
Salad

Fish Fingers Served  
with Chips, Garden  
Peas or Baked Beans

#### MEAT FREE

Moroccan Vegetable &  
Chickpea Tagine Served  
with Crusty Whole meal  
Bread

Vegetable Tikka  
Served with Rice, Naan  
Bread Finger and Mixed  
vegetable

Quorn Sausage  
served with Potatoes,  
Yorkshire Pudding,  
Carrots, Broccoli &  
Gravy

Tex Mex Vegan Mince  
& Cheese Burrito Served  
With Mixed Vegetables  
Or Fresh Salad

Fishless Fish Fingers  
served with Chips,  
Garden Peas or Baked  
Beans

#### PASTA & JACKETS

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Making lunchtime the **highlight** of your day





**National Hispanic Heritage Month**

Tuesday 16th

**International Day of Peace**

Thursday 19th



**World Teachers Day**

Friday 4th

**Black History Month**

Thursday 17th



**Guy Fawkes / Bonfire Lunch**

Tuesday 5th

**Diwali**

Thursday 7th



**National Odd Sock Day**

Thursday 4th

**Christmas Dinner Day**

Date to be agreed with school



**Veganuary**

Thursday 16th

**Chinese New Year**

Wednesday 29th



**National Pizza Day**

Monday 10th

**International Stand Up to Bullying Day**

Friday 28th



**Pancake Day**

Tuesday 4th

**World Book Day**

Thursday 6th



**Eid al-Fitr**

Tuesday 1st

**Easter Lunch**

Last Roast Dinner date before Easter



**International Harry Potter Day**

Thursday 1st

**Spring Picnic**

Thursday 22nd



**World Environment Day**

Thursday 5th

**Healthy Eating Week**

Tuesday 10th



**Ice Cream Station**

Tuesday 1st

**Leavers BBQ Lunch**

Agreed with each school



# REPORTING ABSENCES

If your child is absent it is your responsibility to notify the school **ADMINISTRATION OFFICE** on the **MORNING** of the day of absence.

There are a couple of ways in which you can notify the administration team of your child's absence.

**Please note:** you do not need to speak to a member of the administration team to report your child's absence.

1) **Leave a voicemail** by calling the school on **020 8980 1503** and select **option 1 and wait for the beep after the message**. You will then be asked to leave a voicemail.

Please **clearly** state:

- Child's full name
- Child's class
- Reason for absence

**OR**

2) **Email** the school on **Info@oldfordacademy.org** and please put **ABSENCE REPORT in the subject line** and then state:

- Child's full name
- Child's class
- Reason for absence

If you do not report your child's absence they will have an **unauthorised absence** mark.

**Please be reminded that three days of unauthorised absences will result in a penalty notice referral to the local authority and may lead to a £60 fine per child, per parent.**

Issue 63 Summer 2024



# FamiliesMatter

A magazine full of news and information to support families  
Featuring the SEND Information Supplement

## Celebrating family learning



Read all about the Parental Engagement Team's family learning workshops in schools, including the newly developed Reading for Pleasure and Family Science Lab workshops, see pages 5-7.

Read the latest edition of the Families Matter magazine and monthly e-bulletin online at  
[www.towerhamlets.gov.uk/familiesmatter](http://www.towerhamlets.gov.uk/familiesmatter)

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		34	Training, Events and Useful Contacts

Click [here](#) for the latest issue of 'Family Matters'





AND STAY SAFE,  
LIKE PANTOSAURUS



**P** RIVATES  
ARE PRIVATE

**A** LWAYS REMEMBER YOUR  
BODY BELONGS TO YOU

**N** O MEANS NO

**T** ALK ABOUT SECRETS  
THAT UPSET YOU

**S** PEAK UP, SOMEONE  
CAN HELP



NSPCC

EVERY CHILDHOOD IS WORTH FIGHTING FOR



# LEARN PANTOSAURUS' FIVE EASY RULES FOR STAYING SAFE



## **P** RIVATES ARE PRIVATE

Your underwear covers up your private parts and no one should ask to see or touch them. Sometimes a doctor, nurse or family members might have to. But they should always explain why, and ask you if it's OK first. Remember, what's in your pants belongs only to you.



## **A** LWAYS REMEMBER YOUR BODY BELONGS TO YOU

No one should ever make you do things that make you feel embarrassed or uncomfortable. If someone asks to see or tries to touch you underneath your underwear say 'NO' – and tell someone you trust and like to speak to.



## **N** O MEANS NO

You always have the right to say 'no' – even to a family member or someone you love. You're in control of your body and the most important thing is how YOU feel. If you want to say 'No', it's your choice.



## **T** ALK ABOUT SECRETS THAT UPSET YOU

There are good secrets and bad secrets. If a secret makes you feel sad or worried, it's bad – and you should tell an adult you trust about it straight away.



## **S** PEAK UP, SOMEONE CAN HELP

It's always good to talk about stuff that makes you upset. If you're worried, go and tell a grown up you trust – like a family member, teacher or one of your friend's parents. They'll say well done for speaking out and help make everything OK. You can also call Childline on 0800 1111 and someone will always be there to listen.



Remember all of these rules and they'll help you stay safe, just like Pantosaurus

