

## P.E. Curriculum Map 2018-2019

Yr Group	Reception	Year 1	Year 2	Year 3	Year 4	Year 5/ Swimming	Year 6
<b>Autumn 1</b> 6 <sup>th</sup> Sept- 20 <sup>th</sup> October 6 weeks	<b>Fitness 1 week</b> / <b>Getting</b> <b>changed/</b> <b>Spatial</b> <b>awareness</b> <b>games</b>	<b>Fitness &amp; Assessment (3 week)</b> <b>Gymnastics (3 week)</b> (Travelling/ body shape)	<b>Fitness &amp; Assessment (3 week)</b> <b>Dance (3 week)</b>	<b>Fitness &amp; Assessment (3 week)</b> <b>Football (3 weeks)</b> (moving with the ball, kicking a ball, shooting)	<b>Fitness &amp; Assessment (3 week)</b> <b>Football (3 weeks)</b> (Controlling the ball, shooting, passing the ball )	<b>Fitness &amp; Assessment (3 week)</b> <b>Basketball (3 weeks)</b> (Controlling the ball, dribbling, passing- chest pass)	<b>Fitness &amp; Assessment (3 week)</b> <b>Basketball (3 weeks)</b> (bouncing the ball, chest pass, shooting, understanding some rules)
<b>Autumn 2</b> 30 <sup>th</sup> Oct- 20 Dec 17 6 ½ weeks	<b>Gymnastics</b> (Travelling/ moving, jumping)	<b>Fitness Assessment (2 week)</b> <b>Throwing &amp; catching (games)</b>	<b>Fitness Assessment (2 week)</b> <b>Bat and ball, throwing and catching skills and games</b>	<b>Fitness Assessment (2 week)</b> <b>Gymnastics</b> (Body shapes, forward roll)	<b>Fitness Assessment (2 week)</b> <b>Hockey</b> (using stick and ball, stick control skills, hitting a ball to a player)	<b>Fitness Assessment (2 week)</b> <b>Rugby</b> (movement, passing the ball)	<b>Fitness Assessment (2 week)</b> <b>Basketball</b> (defending and attacking and playing the game) <b>Dance</b> (Street dance)
<b>Spring 1</b> 3 <sup>RD</sup> Jan- 9 <sup>th</sup> Feb 5 weeks	<b>Dance</b> (Snowflakes)	<b>Fitness Assessment - 2 week (Fitness- warm up)</b> <b>Gymnastics/ Dance</b> (Weather)	<b>Fitness Assessment - 2 week (Fitness- warm up)</b> <b>Ball skills</b> <b>-Foot work/ different size balls</b>	<b>Fitness Assessment - 2 week (Fitness- warm up)</b> <b>Hockey (4 weeks)</b> (using stick and ball, stick control skills, hitting a ball to a player)	<b>Fitness Assessment - 2 week (Fitness- warm up)</b> <b>Volleyball (4 weeks)</b> ( throwing and catching the ball)	<b>Fitness Assessment - 2 week (Fitness- warm up)</b> <b>Rugby/ Basketball (4 weeks)</b> ( Playing the game and learning the rules)	<b>Fitness Assessment - 2 week (Fitness- warm up)</b> <b>Badminton (4 weeks)</b> ( hitting the shuttle cock, targets, serving and playing a mini game)
<b>Spring 2</b> 19 <sup>th</sup> Feb- 29 <sup>th</sup> March 6 weeks	<b>Games- hand eye coordination games rolling the ball, running</b>	<b>Fitness Assessment - 2 week</b> <b>Ball skills</b> (Foot work/ hands Using different size balls)	<b>Fitness Assessment - 2 week</b> <b>Gymnastics</b> (body shape, transferring weight, beginning to link movements)	<b>Fitness Assessment - 2 week</b> <b>Tennis</b> (using a bat and ball, bat control skills, hitting a ball to a player)	<b>Fitness Assessment - 2 week</b> <b>Gymnastics/ Dance</b> (Nutcracker) Springing and landing, receiving body weight forward roll and creating sequences)	<b>Fitness Assessment - 2 week</b> <b>Gymnastics</b> (Forward/ backward roll, Balance and flight. Making sequence of movements)	<b>Fitness Assessment - 2 week</b> <b>Rugby</b> (movement, passing the ball and game)
<b>Summer 1</b> 16 <sup>th</sup> April- 25 <sup>th</sup> May 6 weeks	<b>(Fitness- warm up)</b> <b>Games- Using the ball skills</b>	<b>Fitness Assessment - 2 week</b> <b>Athletics</b> (Running and jumping skills)	<b>Fitness Assessment - 2 week</b> <b>Athletics (4 weeks)</b> (Running, jumping skills)	<b>Fitness Assessment - 2 week</b> <b>Athletics (4 week)</b> (Running, races, throwing and jumping)	<b>Fitness Assessment - 2 week</b> <b>Athletics/ (4 weeks) Orienteering</b> (Sprinting, javelin, throwing and jumping)	<b>Fitness Assessment - 2 week</b> <b>Athletics/ (4 week)</b> (Sprinting, javelin, throwing, jumping, using batons. Personal best scores)	<b>Fitness Assessment - 2 week</b> <b>Athletics (4 week0 Orienteering</b> (Sprinting, javelin, throwing, jumping, using batons. Improving their skills. Personal best scores)

<b>Summer 2</b> 4 <sup>th</sup> June- 24 <sup>th</sup> July 7 weeks	<b>Fitness- (2 weeks)</b> <b>Athletics</b> (Running and jumping skills)	<b>Fitness Assessment - 2 week</b> <b>Multi skill games –</b> (target throwing, jumping and running)	<b>Fitness Assessment - 2 week</b> <b>Multi skill games –</b> (target throwing, jumping, running, obstacles- design)	<b>Fitness Assessment - 2 week</b> <b>Dance</b>	<b>Fitness Assessment - 2 week</b> <b>Tennis</b> (Bat control skills, hitting a ball to a player, tennis games)	<b>Fitness Assessment - 2 week</b> <b>Cricket</b> (Throwing, catching, bating, finding a space and fielding)	<b>Fitness Assessment - 2 week</b> <b>Cricket</b> (improving throwing, catching, batting and fielding skills, learning rules and playing a game of cricket)
<b>Competition/ personal best</b>		Year1 – 2 compete		Year 3 – 4 compete –PB ( Athletics/ fitness/ Sports day )		Year 5 – 6 compete –PB ( Athletics/ fitness/ sports day ) Sports day	

- All classes to continue to do fitness
  - All plans to be saved in staff/ staff/ curriculum/ PE. Plans to be saved in year group folders. Sports activities can be changed but the PE manager needs to be updated.
  - Remember to take photographs/ film and comments (send to PE manager Laura/ Jakir )
  - End of the term year groups must compete or ask parents to come in to watch performances.